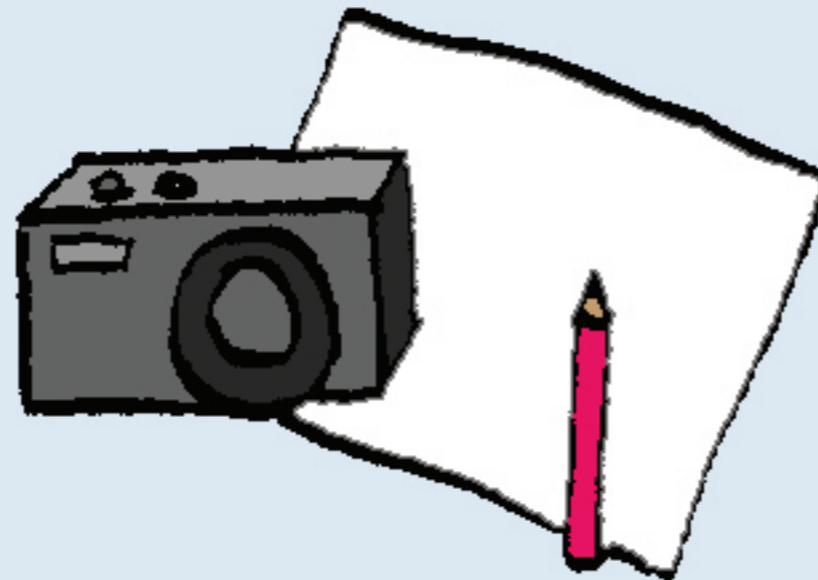
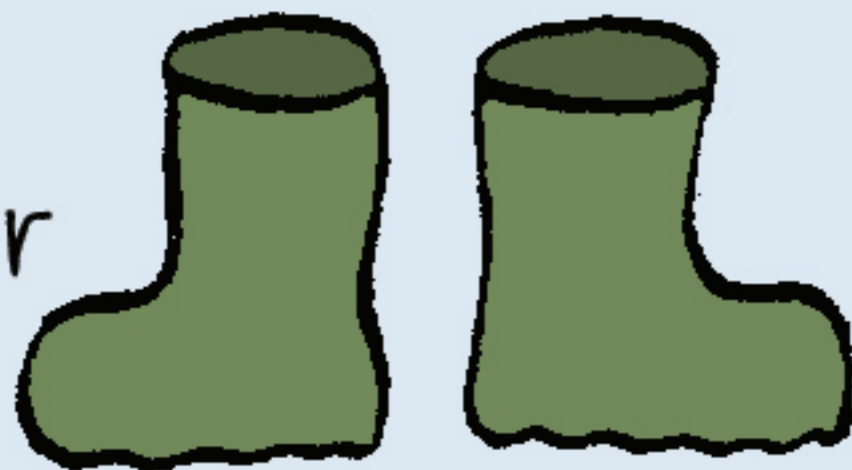
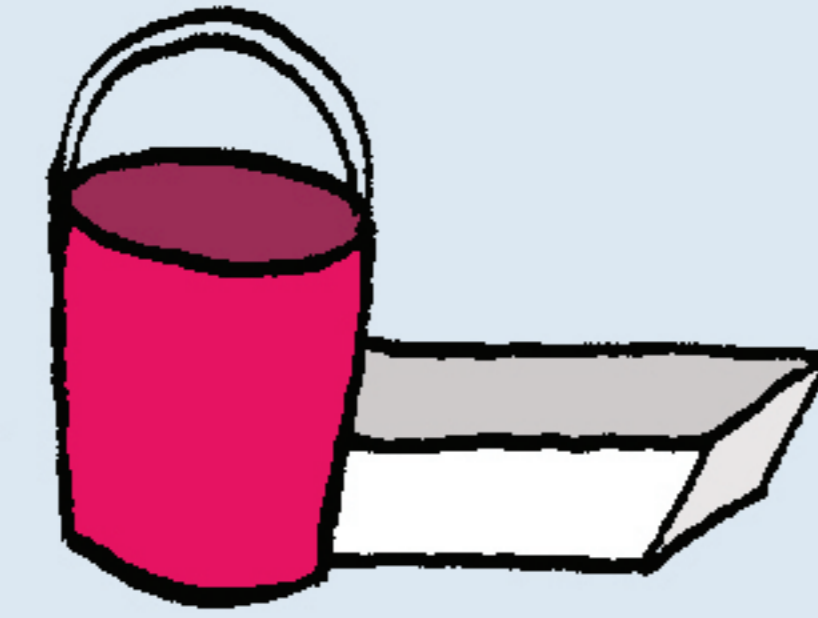


How to go rockpooling

You will need:

- Buckets or clear Tupperware containers
- A field guide or ID sheet
- Sturdy footwear
- Camera and/or pens and paper
- An adult to help you keep an eye on the tide



- 1 Half fill your buckets or containers with sea water. Have more than one to keep bad tempered animals apart!
- 2 Use your hands to carefully lift crabs, starfish and other sea creatures into your containers. Watch out for spines and pincers! Nets can cause damage to rockpools and are best avoided.

- 3 Use a guide to identify your creatures. Take notes, sketch them or photograph them.
- 4 Return the animals to where you found them when you've finished looking and wash your hands before eating.

Don't take living plants and animals home with you

Don't prise limpets, anemones or seaweed from their rocky homes

Be careful not to damage delicate animals

Replace rocks to the same position once you've looked underneath

